

Routine Chiropractic and Acupuncture



UnitedHealthcare Medicare Advantage plans with routine chiropractic and acupuncture benefits may cover services beyond those covered by Original Medicare.

Multiple visits

Low copays

How does it work?

- Routine chiropractic and acupuncture benefits are available for some Medicare Advantage plans. Routine benefits may be offered in addition to Medicare-covered benefits to better meet the needs of members
- Low in-network copay amounts of \$0 or \$10 per visit depending on the member's plan. Multiple visits based on the member's plan:
 - Routine chiropractic includes 6, 12 or 20 visits
 - Routine acupuncture includes 12 or 20 visits

	Medicare-covered benefit	Routine benefit
Chiropractic	Limited to manipulation to correct subluxation	Adds coverage for pain, musculoskeletal disorders, nerve disorders and nausea
Acupuncture	Limited to chronic low back pain	Adds coverage for pain, neuromuscular disorders and nausea

How do members get started with services?

- Routine benefits are administered by OptumHealth Physical Health (OHPH)
- Members seeking routine treatment are not required to have a referral or prior authorization
- Members can locate providers by calling OptumHealth Physical Health (OHPH) Customer Service at 1-800-873-4575 or using the OHPH Provider Locator at myoptumhealthphysicalhealth.com/providerLocator
- Members who have questions about their benefits can call:
 - The Customer Service phone number on their UnitedHealthcare Member ID card
- For routine claims, providers must submit directly to OHPH:
 - Mail: OptumHealth Physical Health, P.O. Box 212, Minneapolis, MN 55440-0212
 - Online: myoptumhealthphysicalhealth.com - Payer ID 41161





Routine Chiropractic and Acupuncture



How can you support your members?

- Help members know what to expect for 2027 and how to get the most out of their benefits
- You may also locate a provider on [Jarvis](#) > Quick Access > Directories/Networks > Chiropractor & Acupuncture Providers